

# AECB Standard

*New build – why do it?*

**Alan Budden**

**eco**design  
consultants  
Architects & Environmental Consultants



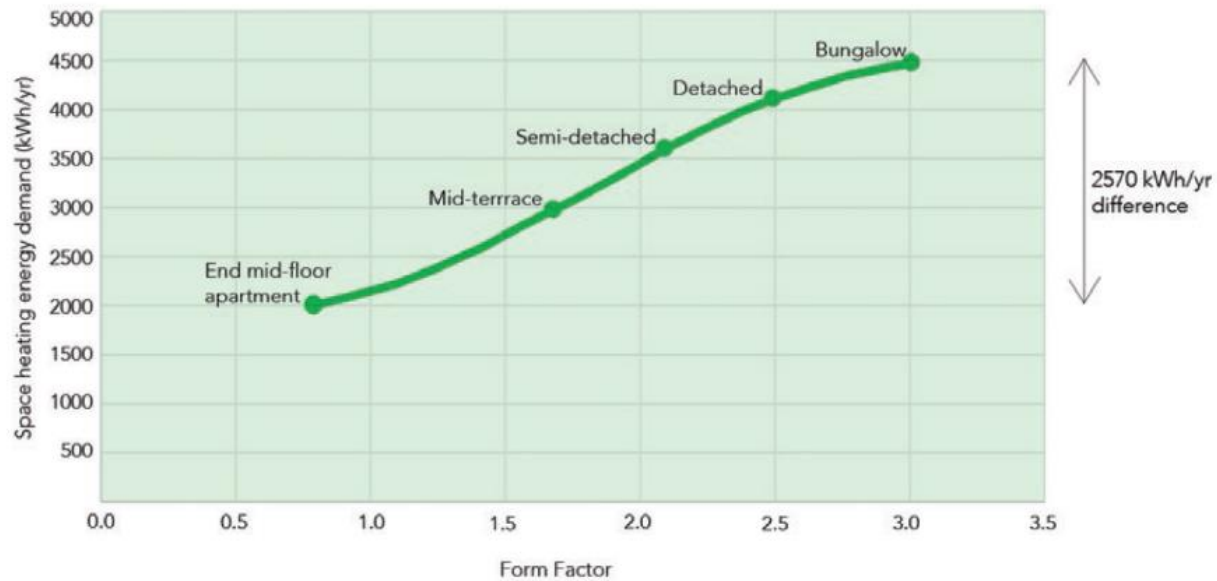
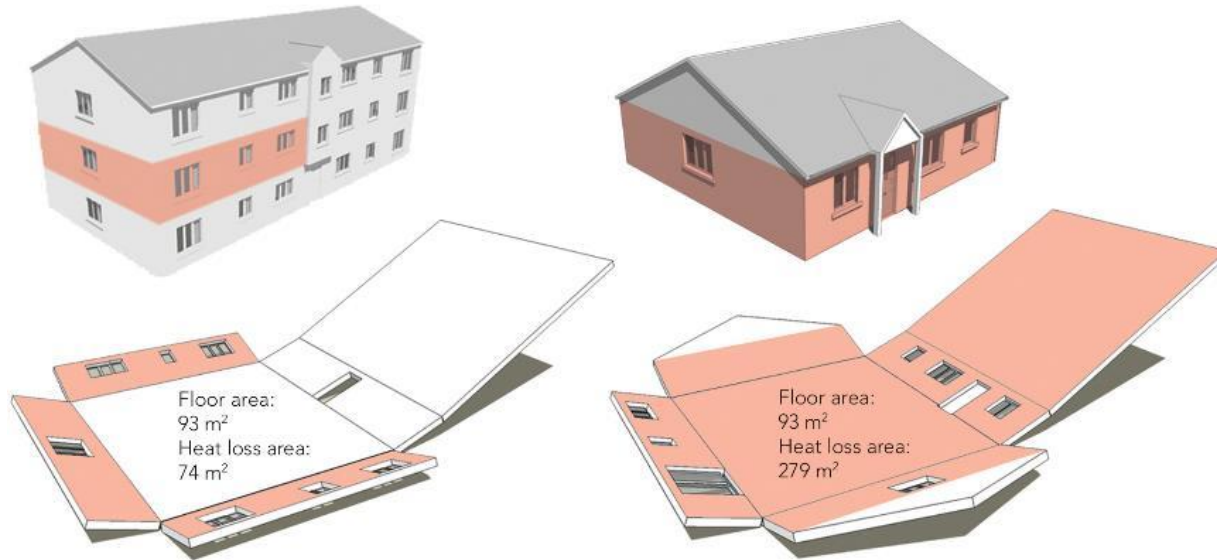
# AECB Standard

- Delivered Heat and cooling  $\leq 40\text{kWh}/(\text{m}^2\text{a})$  using PHPP and Passivhaus methodology
- Primary Energy demand Varies by country, PHPP 9.6  
UK PE is **135** kWh/(m<sup>2</sup>a)
- Air tightness (n50)  $\leq 1.5\text{ h}^{-1}$  With MVHR *or*  
 $\leq 3\text{ h}^{-1}$  with MEV
- Thermal Bridges Psi external  $<0.01\text{ W}/\text{m}$  *or*  
calculated if  $> 0.01\text{ W}$
- Summer overheating  $<10\%$  but  $<5\%$  recommended
- Self certification

# Comparable Standards

Building Regulations	AECB Silver Standard	PHI Low Energy Building Standard	Passivhaus
Specific Heating Demand			
57-96 kWh/m <sup>2</sup> /year	40 kWh/m <sup>2</sup> /year	30 kWh/m <sup>2</sup> /year	15 kWh/m <sup>2</sup> /year
Primary Energy Demand			
-	Varies according to country UK 135kWh/m <sup>2</sup> /year, which includes heating, DHW, cooling, auxiliary and electricity consumption (120 if old PHPP)		
Airtightness			
≤10 m <sup>3</sup> /m <sup>2</sup> 5 m <sup>3</sup> /m <sup>2</sup> Nominal	≤1.5 ach/h MVHR ≤3 ach/h with MEV	≤1.0 ach/h MVHR	≤0.6 ach/h MVHR
Thermal Bridges			
-	Psi <sub>external</sub> <0.01 W/m		
Summer Overheating			
-	<10%, <5% recommended		

# Efficient Shape



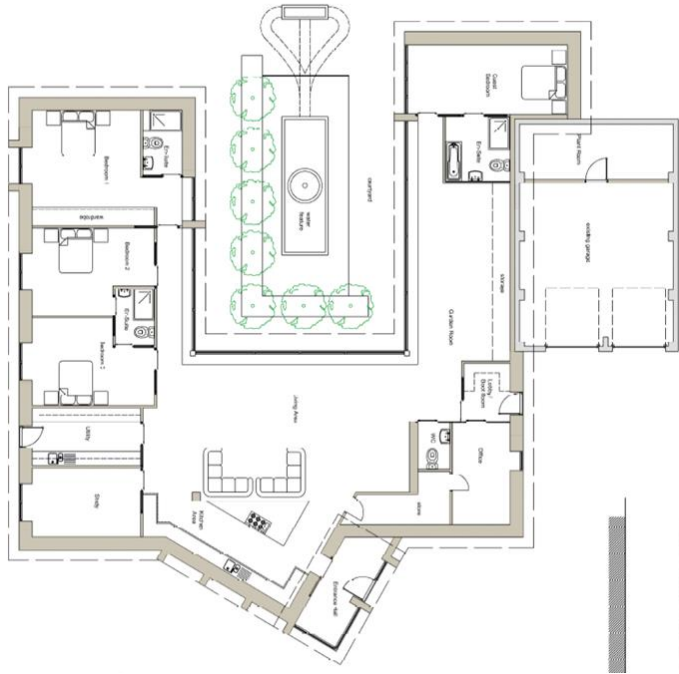
The challenge of shape and form  
Understanding the benefits of efficient design

informing the debate

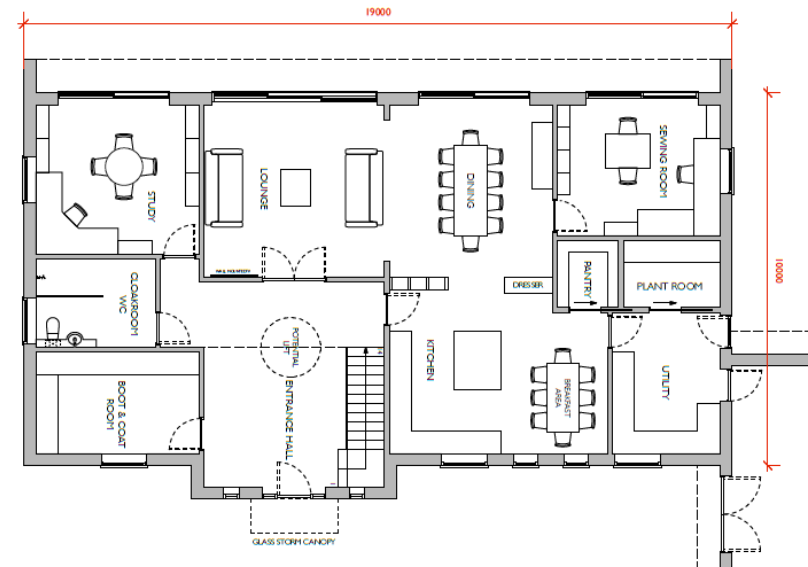
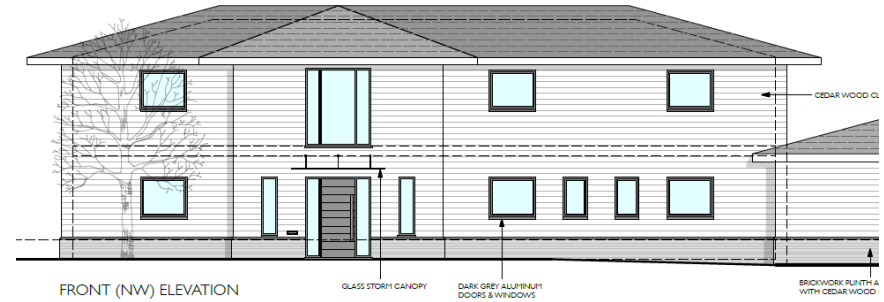
NABC  
FOUNDATION  
Energy research & policy

NP 7

# Efficient Shape



90 kWh/m<sup>2</sup>/year



57 kWh/m<sup>2</sup>/year

# Why chose the AECB Standard for a new build?

- Higher standard than Building Regulations
- A target is better than no target
- Approximately 50% low fuel bills
- Cheaper than Passivhaus
- More robust calculations
- Lower performance gap
- Possible with standard timber frame



# Advantages of PHPP

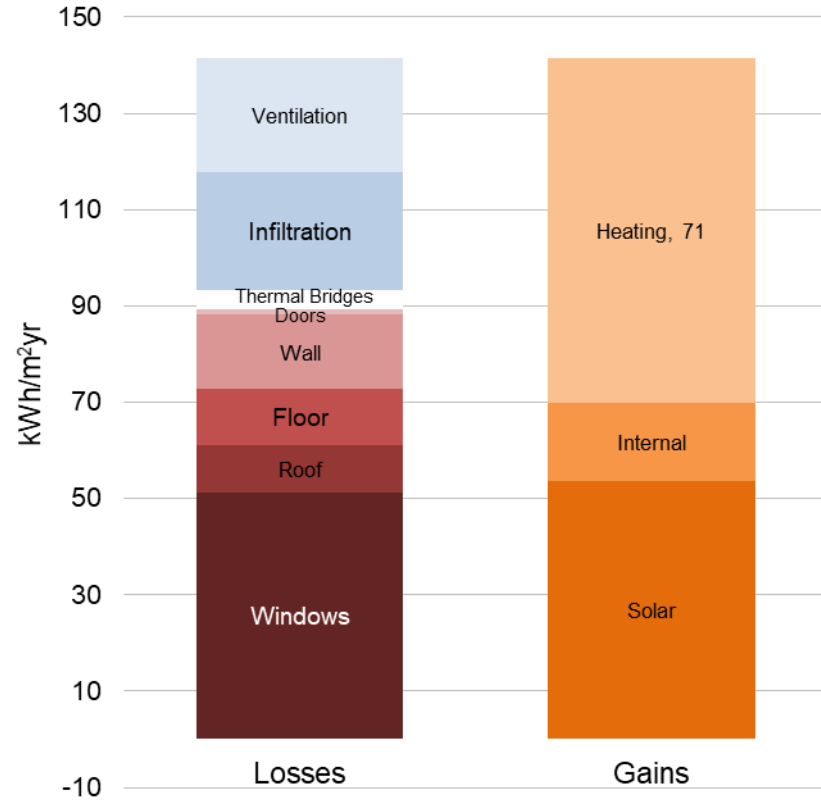
- SAP does not take shape of building into account.  
upto +45 kWh/m<sup>2</sup>a
- Windows often not entered fully into SAP, frame factor  
+5 kWh/m<sup>2</sup>a for 25% wider frame components
- MVHR exhaust and intake duct losses not considered.  
+5 kWh/m<sup>2</sup>a for 2 x 5m uninsulated ducts
- Air pressure test average of positive & negative test  
not just which ever is better, and every property.  
+2 kWh/m<sup>2</sup>a for increase of 0.5 ach/h
- Shading and Orientation more accurate
- Over heating risk more accurate



# The Island, AECB



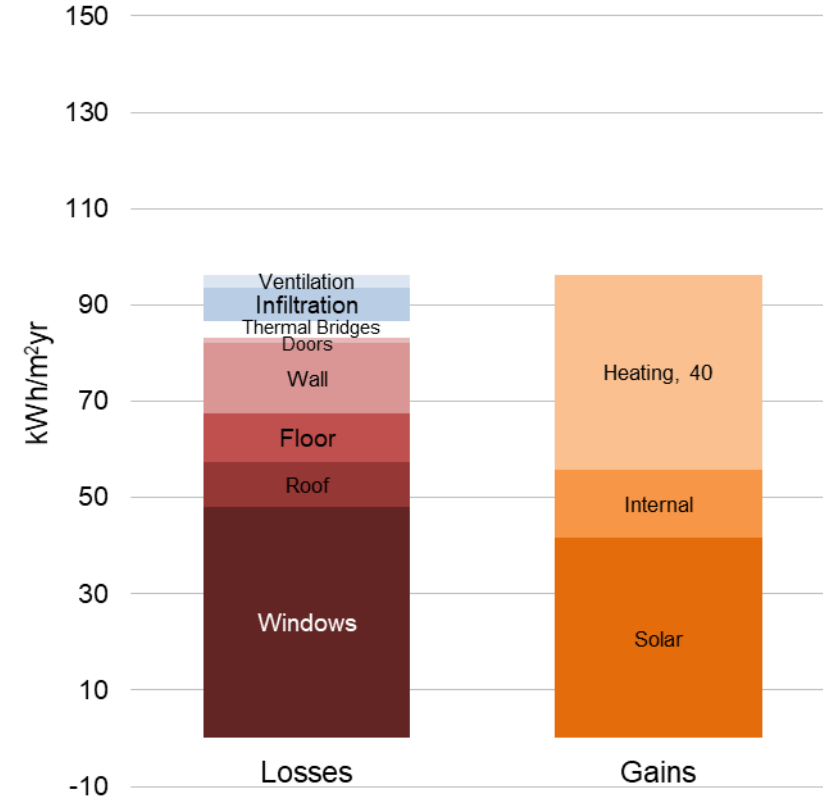
# The Island, AECB



Building Regs

5 ach/hr

Trickle vents



AECB

1.5 ach/hr

MVHR

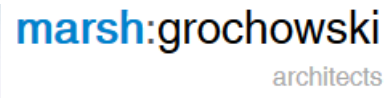
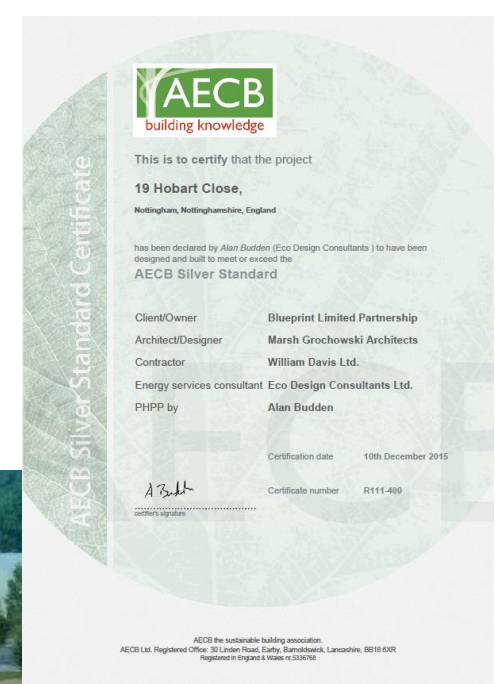
# Draughts



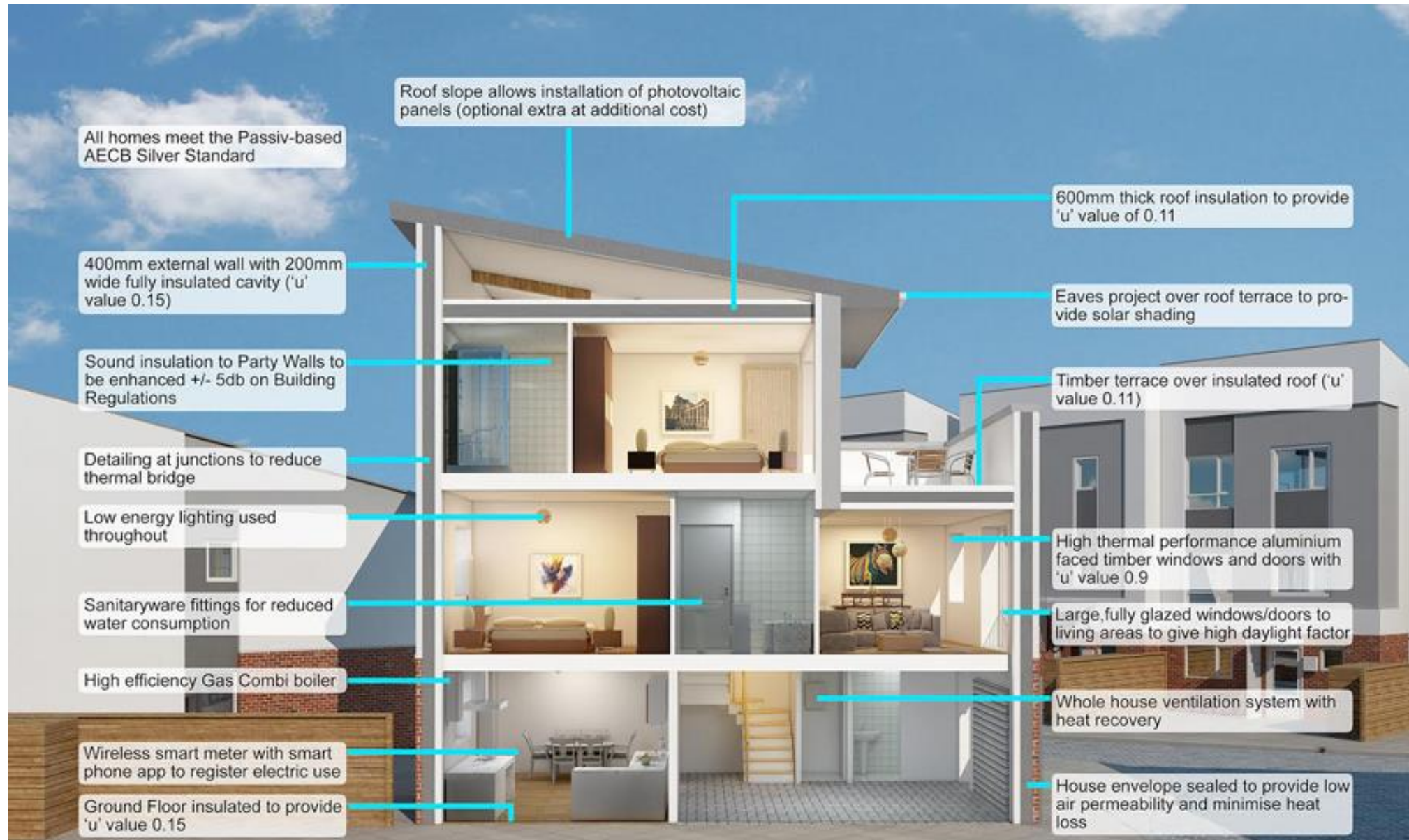
Would you leave a hole like this open in your house in winter?

# Case Study

- 63 Units to AECB Silver in Nottingham



# Case Study



# Case Study

## PHPP Modelling and analysis

Kings School Meadows, Nottingham  
AECB Silver Options report using PassivHaus Planning Package (PHPP)  
Calculations

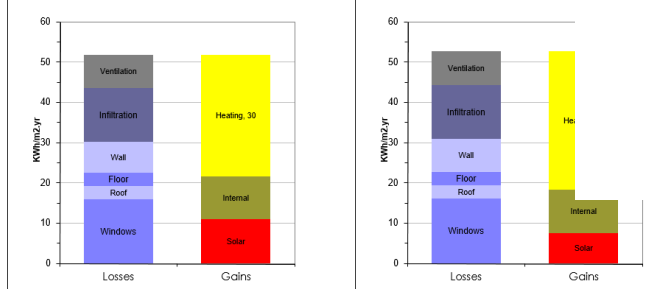
For Blueprint 27th June 2013 Version 01



Type A3\_Plot 7 - Detached  
Type S2\_Plot 17 - Mid Terrace

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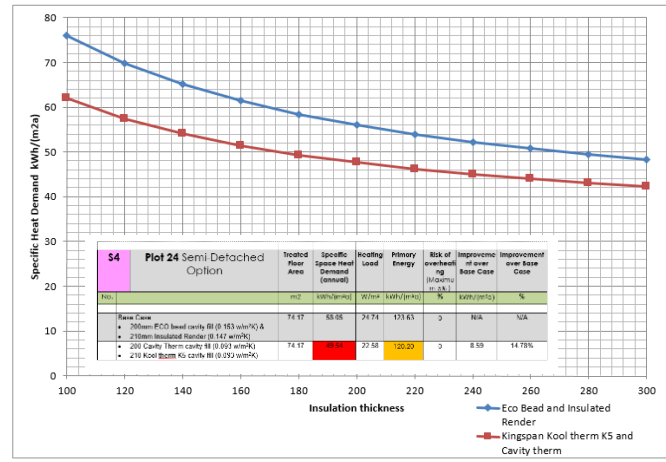
1.3 Annual Heat Balance kWh/m²



Option	Losses (kWh/m²/yr)	Gains (kWh/m²/yr)
Type A2 Plot 5 - End Terrace	~55	~55
Type A2 Plot 5 - Mid Terrace Option	~55	~55

S4	Plot 24 Semi-Detached Option	Treated Floor Area (m²)	Specific Space Heat Demand (annual) (kWh/(m²a))	Heating Load (W/m²)	Primary Energy (kWh/(m²a))
No.		m²	kWh/(m²a)	W/m²	kWh/(m²a)
Base Case		74.17	58.05	24.74	123.63
Option 01	<ul style="list-style-type: none"> <li>200mm Cavity Therm cavity fill (0.093 w/m²K)</li> <li>210mm Kooltherm K5 cavity fill (0.093 w/m²K)</li> <li>250mm Celotex 4000 Ground floor insulation</li> <li>Airtightness of 2</li> </ul>	74.17	44.19	19.15	114.03
This option indicates an improvement over Base case by 23%. Option 01 improves the insulation lambda values and increases the floor insulation thickness by 50mm. The airtightness has changed from 3 to 2/hr, which has made a significant impact					
Option 02	<ul style="list-style-type: none"> <li>200mm Cavity Therm cavity fill (0.093 w/m²K)</li> <li>210mm Kooltherm K5 cavity fill (0.093 w/m²K)</li> <li>150mm Celotex 4000 Ground floor insulation</li> <li>Airtightness of 1</li> </ul>	74.17	38.99	15.78	108.03
This option indicates an improvement over Base case by 32.34%. Option 02 improves the insulation lambda values and improved the airtightness from 3 to 2/hr. This has made a significant impact and allowed the this type to pass.					
Option 03	<ul style="list-style-type: none"> <li>200mm Cavity Therm cavity fill (0.093 w/m²K)</li> <li>210mm Kooltherm K5 cavity fill (0.093 w/m²K)</li> <li>200mm Celotex 4000 Ground floor insulation</li> <li>Airtightness of 2</li> <li>Insulating inside of lower window panels</li> </ul>	74.17	39.14	17.97	102.84
This option indicates an improvement over Base case by 34.91%. Option 03 is similar to option 2 but has an air tightness of 2 and adds insulation to the inside of the lower window panels.					

Type R5: Improving External Wall Insulation Graph



Assumptions

Calculation and result formulated on without improvements. The current proposed house is being modeled by Grochowski Architects and the late the SAP Calculations by...

U-Value

Heat Loss Areas	U-Value (W/m²K)
External Wall	0.15
Roof	0.09
Exposed Floor	0.15
Door	0.7
Window	0.7
Party Wall	0.15
Air Permeability	3.0 m³/m²

Services specification

- Thermal bridges**  
Thermal bridges (Ψ) are a linear heat coefficient, and a correction factor between U values. Passivhaus requires external Ψ ≥ 0.01 W/mK. Currently these have not been considered and an assumption of meeting this requirement has been used.
- Air Permeability**  
50 pascals
- Ventilation:**  
MVHR system
- Space Heating**  
Fuel:  
  - Boiler System with radiators or under floor.
  - Mains Gas
  - Improved Gas Condensing Boiler
- Domestic Hot Water**  
No Cylinder
- Lights and appliances : Electric Efficiency**  
Low Energy fixed lights
- Mechanical Ventilation**  
Continues supply and extract system.

Windows	Glass g	Glass U <sub>g</sub>	Frame U <sub>f</sub>	Y <sub>spare</sub>
Transmission	W/(m²K)	W/(m²K)	W/(m²K)	W/(m²K)
Nordan N-Tech Villa	0.37	0.53	1.11	0.038
Nordan N-Tech 0.7	0.50	0.58	0.86	0.038

# Case Study

## Airtightness Strategy & Workshop



How to Achieve Air Tight Construction Horninglow Road, Burton on Trent



Alternatively, you can use SIGA RISSAN or pro clima TESCON No. 1 tape to form a circular airtight seal made up in layers.

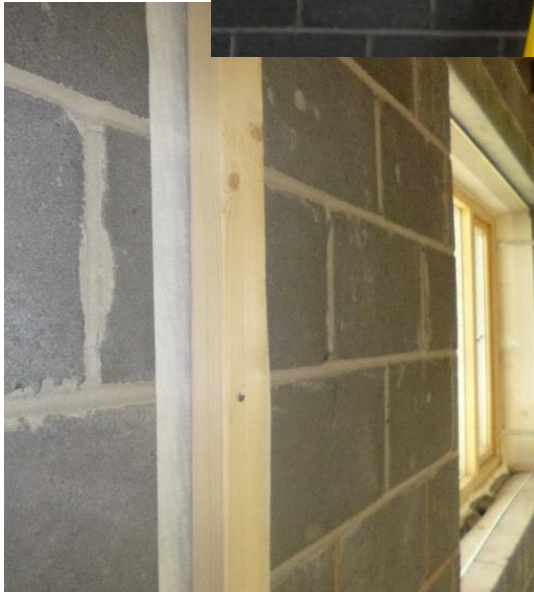





**DO NOT WRAP CLUMPS OF WIRES AND CABLES IN AIRTIGHTNESS TAPES AS THIS LEAVES AIRGAPS BETWEEN WIRES AND CABLES.**

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# Case Study

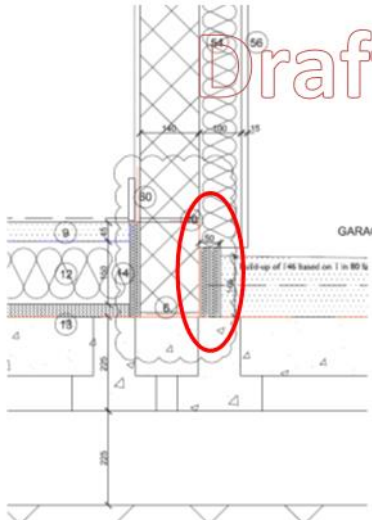
## Development of check sheets & on site support



**King school Meadows**  
 Perimeter insulation to garage

Draft



GARAGE

04 Internal blockwork wall insulated to integral garage  
 1:10 @ A3 [detail\_100\_d]

- ① stock facing brick
- ② medium density blockwork
- ③ ecobead platinum injected insulation
- ④ continuous horizontal DPC
- ⑤ class A Engineering brick
- ⑥ weck-mat III
- ⑦ 45mm sand and cement screed
- ⑧ gas / radon 2000 gauge DPM - tbc by mward
- ⑨ painted MDF skirting
- ⑩ 150mm celotex floor insulation - etc
- ⑪ suspended 150 / 225 B&B floor by SE
- ⑫ 20mm perimeter insulation strip
- ⑬ brick on edge
- ⑭ NorDan entrance door with level access threshold closer
- ⑮ cavestik insulated structural cavity closer
- ⑯ NorDan window frame and cill
- ⑰ external finishes
- ⑱ Extratherm XT TL MP insulation -or similar approved
- ⑲ Extratherm XT PR insulation -or similar approved
- ⑳ 15mm Fireline board
- ㉑ M.S. Angle support
- ㉒ Thermal closer block - subject to confirmation
- ㉓ Intumescent Flex joint seal
- ㉔ Airtight tape
- ㉕ Handfill insulation void

Perimeter insulation to all walls adjoining house in garage?		Plot Number	
Insulation thickness (mm)		Date	
Insulation type		Name of inspector	
Photo name		position	
		Signature	

Page 1

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SILM TIMBER  
2049 CE 1:  
1224 ACC 084972  
WPPA 08 C16  
DRY GRADED  
SILM TIMBER  
2049 CE



















# Case Study

## Lessons learnt:

- Achieving an airtightness of 1.5 is difficult
- Houses with simpler shape were easier to achieve standard.
- Wet plaster is better than parge coat with dot & dab.
- Ensure membrane is added behind stairs as it goes in.
- Integral garages and terraces were difficult.
- Avoid blockwork internal walls where possible.
- Train an airtightness champion.
- Keeping details simple is always good.

Thank you  
for listening

any questions?

*Alan Budden*

- PassivHaus Consultation & Design
- Energy Strategies
- Renewable Energy Feasibility Studies
- Sustainability Statements
- Thermal Bridging Analysis & Calculations (psi value)
- Airtightness Detailing
- Architectural Design & Working Drawings

