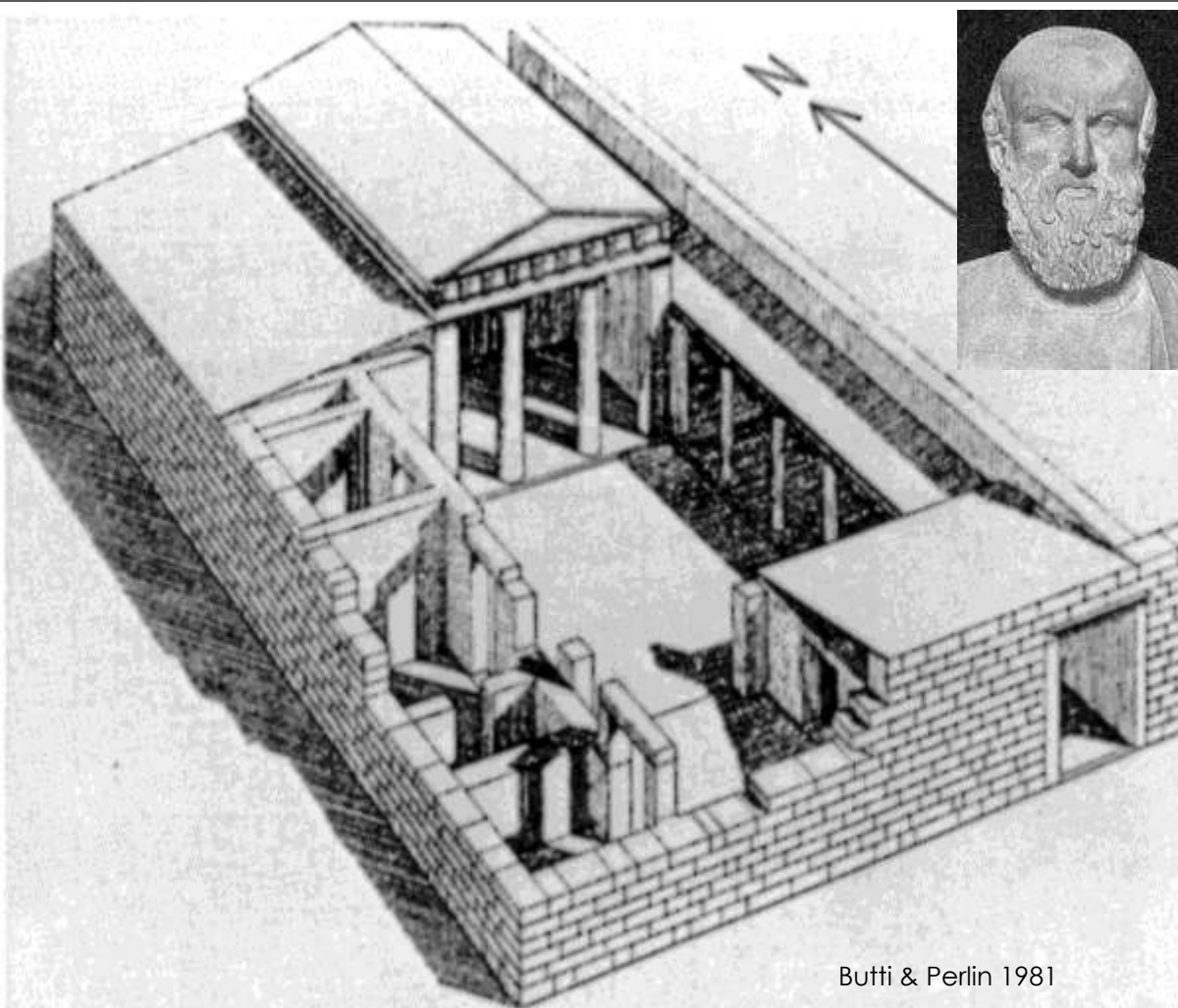




Pat Borer  
AECB 2012

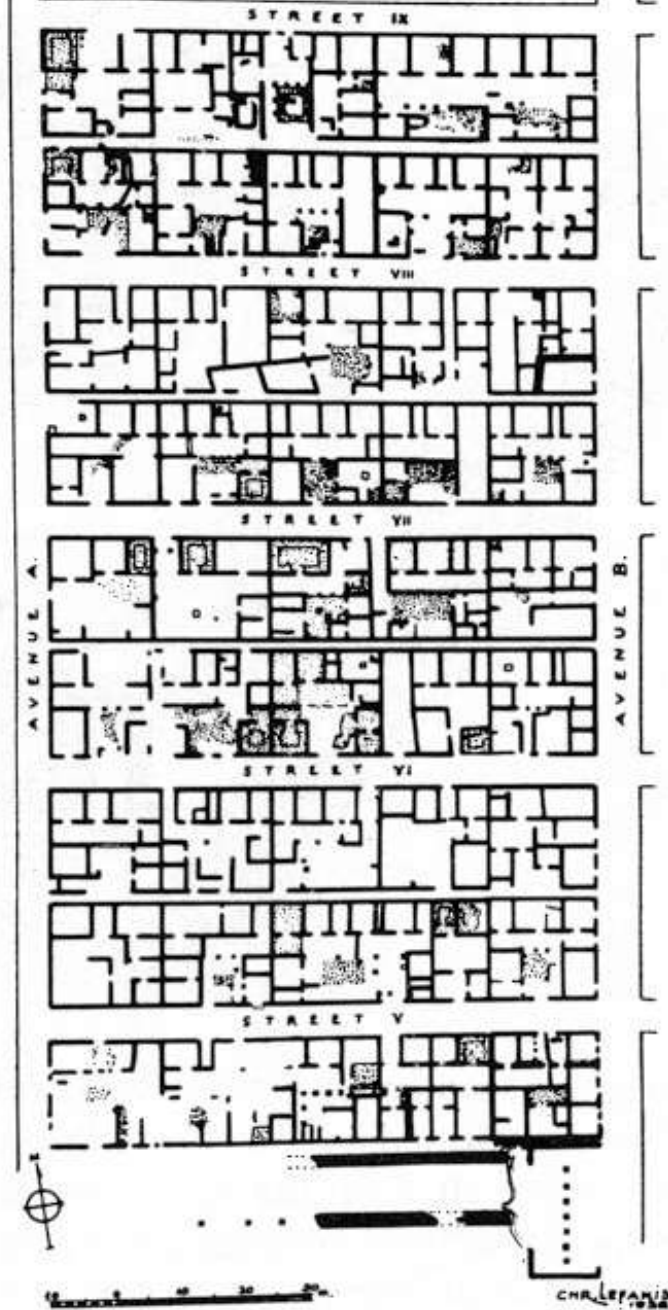
# Passive solar 500 BC

“Only primitives & barbarians lack knowledge of houses turned to face the winter sun.” Aeschylus C 500 BCE



Butti & Perlin 1981

## Olynthus new town

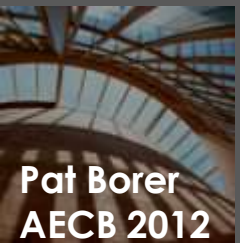


# Ignoring passive solar, 2012 AD

Technology (the use of fossil fuel) has enabled us to continue to build like 'primitives and barbarians'

A passive solar garage

New housing in my village - with solar water heating (it's in Wales)





# Ignoring passive solar, 1976 AD

Technology (the use of insulation, MVHR, etc.) has enabled us to turn our back on the sun – for heating and delight...and we didn't consider materials

- 1976 CAT Wates Conservation House. (Peter Bond Architect)
- 10.1kWh/(m<sup>2</sup>.a) – measured.
- 450mm insulation, quad plain glass windows, MVHR, heat pumps. U-values 0.075W/m<sup>2</sup>K



# CAT in the 1970s and 80s

- Energy is everything

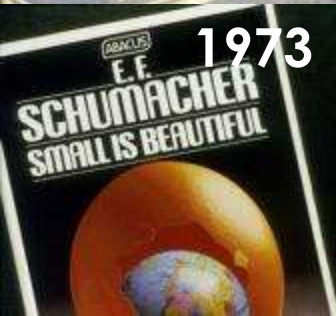
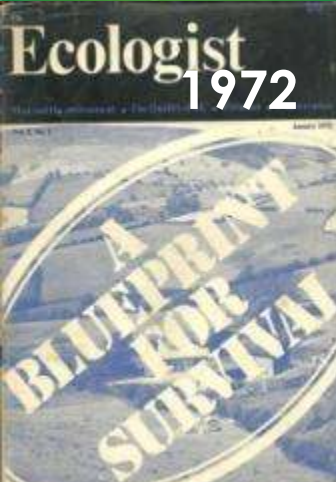
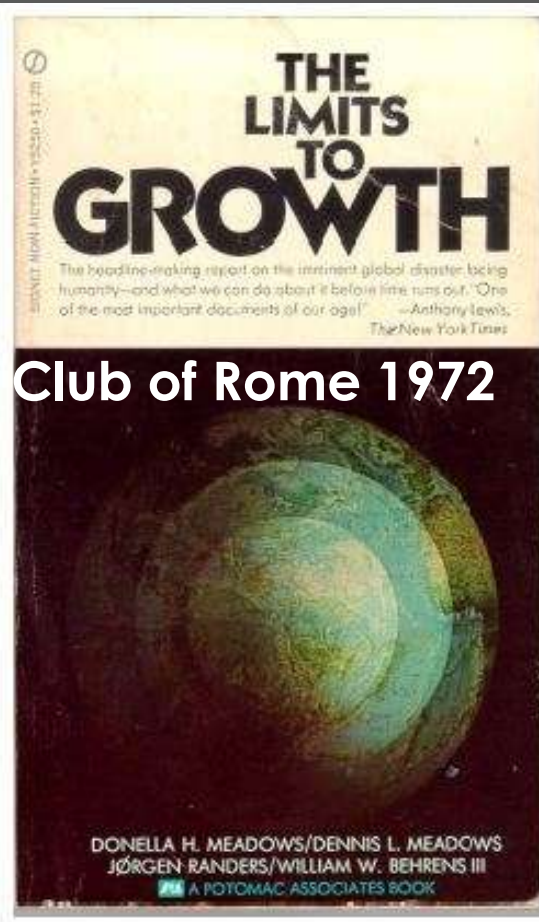
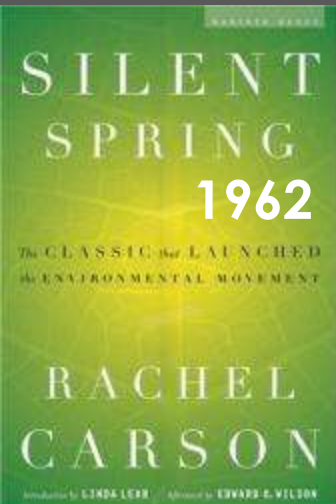


Plastics  
foam  
insulation,  
cement  
concrete,  
treated  
timber,  
PVC.





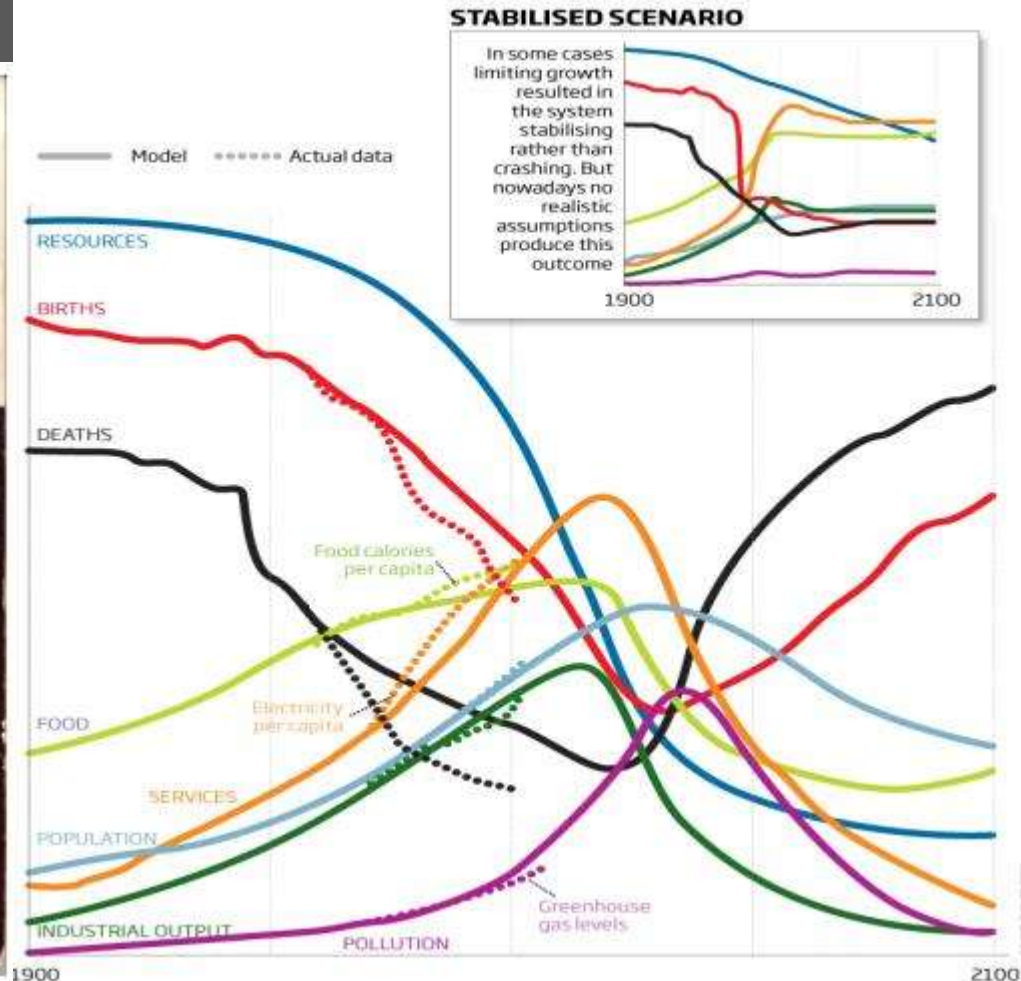
So that's my worry...



### Boom and bust

In most runs of the World3 computer model, rapid growth is followed by sharp decline. So far the standard run (main graphic) corresponds well with measurements of real-world equivalents (dotted lines)

©NewScientist



...with the amazing success that is PH, should we not try and do same for materials, etc.

# It is all about poisons...

# REACH

## EU Registration, Evaluation & Authorisation of Chemicals

“There are some 140,000 different chemical substances involved. The regulation is not only applicable to stand-alone chemicals or those in compounds, but also to chemicals in consumer products ...In addition, the ECHA must be notified of products containing more than 0.1% of substances of ‘very high concern’, even if no release is involved.”

Boric acid	233-139-2, 234-343-4	10043-32-3, 11113-50-1	2010/06/18	Toxic for reproduction (article 57 c)	ED/30/2010		<a href="#">Details</a>
Sodium chromate	231-889-5	7775-11-3	2010/06/18	Carcinogenic, mutagenic and toxic for reproduction (articles 57 a, 57 b and 57 c)	ED/30/2010		<a href="#">Details</a>
Acrylamide	201-173-7	79-06-1	2010/03/30	Carcinogenic and mutagenic (articles 57 a and 57 b)	ED/68/2009		<a href="#">Details</a>
Lead chromate molybdate sulphate red (C.I. Pigment Red 104)	235-759-9	12656-85-8	2010/01/13	Carcinogenic and toxic for reproduction (articles 57 a and 57 c)	ED/68/2009		<a href="#">Details</a>
2,4-Dinitrotoluene	204-450-0	121-14-2	2010/01/13	Carcinogenic (article 57a)	ED/68/2009		<a href="#">Details</a>
Anthracene oil, anthracene-low	292-604-8	90640-82-7	2010/01/13	Carcinogenic <sup>2</sup> , mutagenic <sup>3</sup> , PBT and vPvB (articles 57a, 57b, 57d and 57e)	ED/68/2009		<a href="#">Details</a>
Lead chromate	231-846-0	7758-97-6	2010/01/13	Carcinogenic and toxic for reproduction (articles 57 a and 57 c)	ED/68/2009		<a href="#">Details</a>
Tris(2-chloroethyl)phosphate	204-118-5	115-96-8	2010/01/13	Toxic for reproduction (article 57c)	ED/68/2009		<a href="#">Details</a>

(Ruifrok, P. 2012)  
(REACH. 2012)



# SIN List

Substitute it Now! (SIN 2012)

- 378 chemicals identified as ‘Substances of Very High Concern’ .....“fast track to a toxic-free world”
- Styrene below

8. 100-42-5 Styrene		Hide info ▼	
<b>Name</b>	Styrene	<b>Production volume</b>	>1000 tonnes/year, HPV. <i>Source: ESIS</i>
<b>CAS Number</b>	100-42-5. <i>Source: ESIS</i>	<b>(Bio)monitoring data</b>	Yes, in air, drinking water, exhaust fumes (from incineration, industries, cars etc), in soil, sediment. In human breast milk. Styrene trimers migrate into food from polystyrene containers.. <i>Source: HSDB; Polzin et al 2007</i>
<b>EC Number</b>	202-851-5. <i>Source: ESIS</i>		
<b>Synonyms</b>	Styrol; Estireno; Styrol; Cinnamene; ethenyl benzene; phenylethene; phenylethylene; vinylbenzene. <i>Source: ESIS; EURAR 2002</i>	<b>Information on uses</b>	Manufacture of plastics (polystyrene, expandable polystyrene, ABS, resins, rubbers (polyester resins) and latexes). Produced products include packaging, electrical and thermal insulation, putty, paints, adhesives, fiberglass, pipes, automobile parts, carpet backing, drinking cups and other food-use items (1), automobile tires, plastics, waxes, paints and varnishes, adhesives, metal cleaners (2). CD cases, drinks cups, food containers and refrigerator door liners (polystyrene), home insulation, packaging material, padding inside motorcycle helmets, in car interiors (expandable polystyrene foam) (3); construction materials & boats (glass fiber-reinforced, unsaturated polyester resins) (4). <i>Source: KEMi; Vodicka et al 2006, (1) INEOS; (2) Health Canada; (3) Shell; (4) HSDB</i>
<b>Risk phrases</b>	R10 : Flammable; R20 : Harmful by inhalation; R36/38 : Irritating to eyes and skin.. <i>Source: ESIS</i>		
<b>Classification</b>	R10; Xn: R20; Xi: R36/38. <i>Source: ESIS</i>		
<b>Envisaged Registration deadline</b>	30/11/2010. <i>Source: ECHA</i>		
		<b>Technical function of substance</b>	Monomer, reactive solvent, intermediate, stabilizer, diluent, flavoring, su
		<b>Final assessment for inclusion on the SIN List.</b>	St carcinogenic and mutagenic effects have been reported. It is highly toxic to aquatic species.

Indicates where a substance is used, in what kind of applications and articles it can be found.





# Green Building Digest

## Thermal Insulation Materials

### Contents

About the Digest ..... Inside Front  
Insulation ..... 1  
Product Table ..... 3  
Product Analysis ..... 4



**BEST BUILDING  
INSULATOR  
KNOWN TO MAN  
AWARD 1995**

... AND I'D  
LIKE TO TAKE  
THIS  
OPPORTUNITY  
TO THANK...



*Polyp*

## Insulation Materials

	F	Production										Use						
		Unit Price Multiplier	Energy Use	Resource Depletion (bio)	Resource Depletion (non-bio)	Global Warming	Ozone Depletion	Toxics	Acid Rain	Photochemical Oxidants	Other	Energy Use	Durability/Maintenance	Recycleability/Degradability	Health Hazards	Other	Alert	
Cellulose Fibres	n/a	*															?	
Compressed Straw slabs	n/a	*	*														*	
Cork	7.2	*															*	
Foamed Glass	16.7	●	*		●	●	●	●										
Glass Wool	1.0	●	●		●	●	●	●									●	●
Phenolic Foams	n/a	●	●	?	?	●	●	●	●								●	HFCs, HCFCs
Polystyrene - expanded	3.1	●	●			●	●	●	●								*	
Polystyrene - extruded	6.2	●	●	?	?	●	●	●	●								*	HFCs, HCFCs
Rigid Urethane Foam	4.9	●	●	?	?	●	●	●	●								●	HFCs, HCFCs
Rock Wool	1.0	●	●			●	●	●	●								●	●
Softboard	9.5	*	*														*	
Softboard + bitumen	6.7	●	*	*		*	*	*	*								*	
Urea-formaldehyde Foam	n/a	●	●			●	●	●	●								●	
Vermiculite (expanded)	n/a	●	●														?	
Wood-wool slabs	11.6	●	*	*	*	*	*	*	*								*	
Wool	10.4	*																

### Key to the Table

The environmental impacts of products are rated on a scale from zero to 4 under each impact category. A blank represents a zero score, meaning we have found no evidence of significant impact in this category. Where a score is assigned, bear in mind that the scores are judged relative to the other products on the same Table.

The following symbols represent the impact scale:

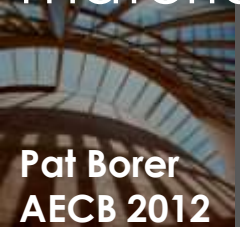
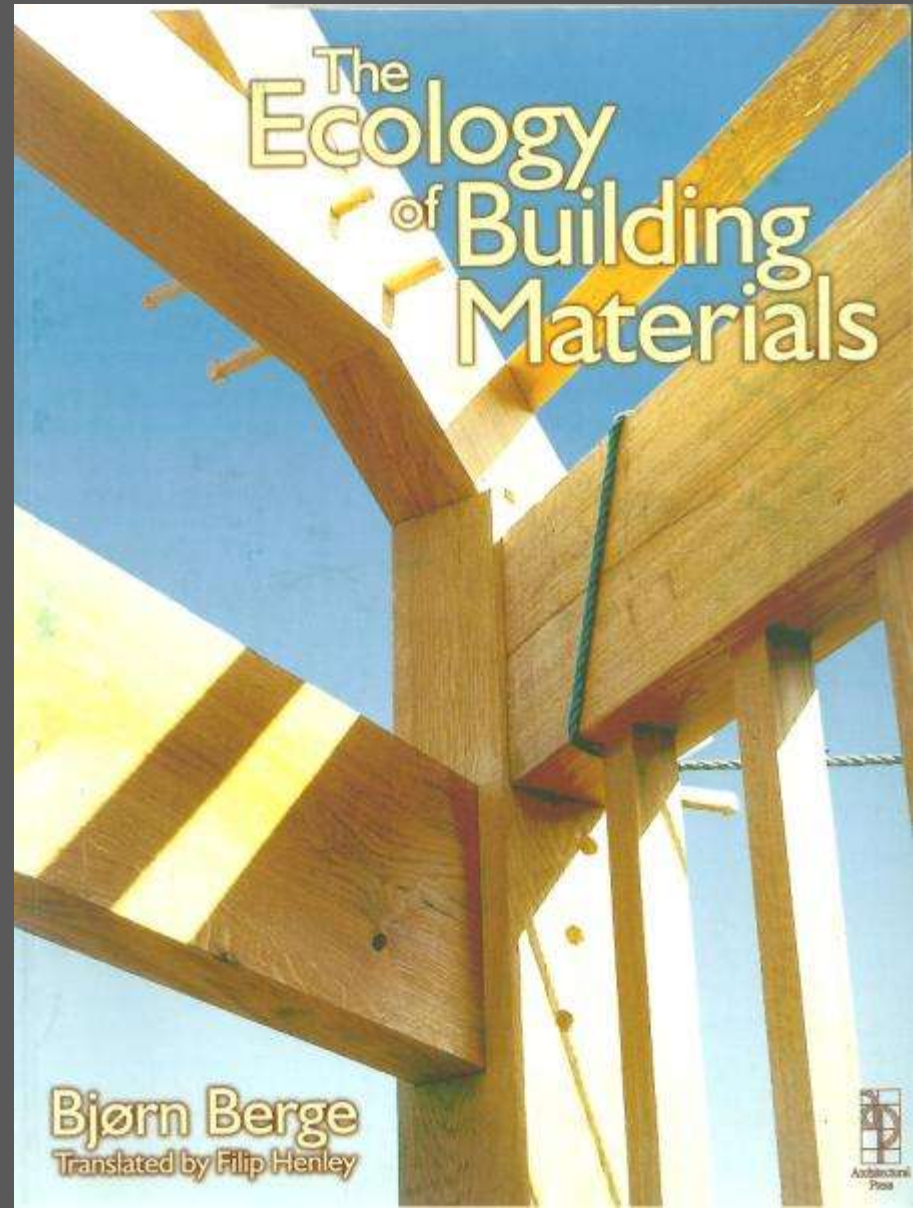
- ..... worst or biggest impact
- ..... next biggest impact
- ..... lesser impact
- \* ..... smaller but significant impact
- [blank] ..... no significant impact

# Bjørn Berge approach

“Are there environmentally friendly alternatives which can be substituted for harmful chemical substances?”

“Can raw materials from non-renewable sources be replaced by raw materials from plentiful or renewable sources?”

“Is it possible to design and manufacture reusable building materials?”





# Bjørn Berge approach

An environmental profile, based on toxic harm, embodied energy etc., for the reader to make their own judgement.

Material	Specific thermal conductance (W/mK)	Effects of pollution						Ecological potential		Environmental profile
		Effects on resources			Effects of pollution			Re-use and recycling	Local production	
		Materials	Energy	Water	Extraction and production	Building site	In the building			
Still air	0.024									
Water	0.50									
Dry snow	0.06-0.4									
Expanded perlite, untreated, 170 mm	0.045-0	1	2		2	2	1	1		1
Expanded perlite, with bitumen, 190 mm	0.055	2	2		2	1	2	3		2
Lightweight aggregate concrete blockwork (structural), 750 mm	0.210	3	3	2	2	1	1	1	✓	3 <sup>(1)</sup>
Aerated concrete blockwork (structural), 400 mm	0.08	2	3	2	2	1	1	1	✓	2 <sup>(1)</sup>
Foamglass boards, 170 mm	0.045	2	3	2	3	1	1	1		2
Foamglass granules, 350 mm	0.07	1	2		1	1	1	1		1
Mineral wool, 150 mm	0.04	2	2	2	2	2	2	2	✓	2
Expanded clay pellets 430 mm	0.115	1	3		2	1	1	1	✓	2
Expanded polyurethane 135 mm	0.035	3	3	3	3	1	3	3		3
Expanded and extruded polystyrene 150 mm	0.04	3	3		3	1	2	3	✓	3
Expanded ureaformaldehyde, 180 mm	0.05	3	3		3	3	3	3		3
Compressed wood cuttings 200 mm	0.05-0	1	1	1	1	1	1	1		1 <sup>(2)</sup>
Porous fibreboard, unimpregnated, 200 mm	0.05	1	3	2	2	1	1	1		2
Wood wool slabs, 300 mm	0.08	2	3	3	2	1	1	2	✓	2 <sup>(1)</sup>
Cellulose fibre, loose, 170 mm	0.045	1	1	1	1	2	1	3		2
Cellulose fibre, matting, 150 mm	0.04	1	2		2	1	1	3		2
Flaxen matting, 150 mm	0.04	1	1		1	1	1	1		1
Slabs of peat, 150 mm	0.04	1	2		1	1	1	1		1
Straw bound together with clay, straw >100 kg/m <sup>3</sup> , 550 mm	0.12	1	1		1	1	1	1	✓	1
Woollen matting, 150 mm	0.04	1	1		1	1	1	1 <sup>(2)</sup>		1



# BRE The Green Guide

## Straw bale (A) versus Expanded Polystyrene insulation (A+)

Element	Straw bale used as insulation
Element Number	815320029
Summary Rating	A
Climate Change	A+
Water Extraction	A+
Mineral Resource Extraction	A+
Stratospheric Ozone Depletion	A
Human Toxicity	C
Ecotoxicity to Freshwater	E
Nuclear Waste (mSv)	
Ecotoxicity to Land	
Waste Disposal	
Fossil Fuel Depletion	
Eutrophication	
Photochemical Ozone	
Acidification	B
Kg of CO <sub>2</sub> eq. (60 years)	-53.0

Element	Expanded polystyrene (EPS) - e
Element Number	815320025
Summary Rating	A+
Climate Change	B
Water Extraction	A+
Mineral Resource Extraction	A+
Stratospheric Ozone Depletion	A
Human Toxicity	A+
Ecotoxicity to Freshwater	A+
Nuclear Waste (mSv)	
Ecotoxicity to Land	
Waste Disposal	
Fossil Fuel Depletion	
Eutrophication	
Photochemical Ozone	
Acidification	B
Kg of CO <sub>2</sub> eq. (60 years)	12.0



**“If everyone does a little, we’ll achieve only a little”**

David MacKay: *Sustainability without the hot air.*

# For example, the choice of thermal insulation (Harris & Borer 2005)

SOURCES OF INSULATION MATERIAL	CONDUCTIVITY $\lambda$ (W/mK)													
	0.01	0.02	0.03	0.04	0.05	0.06	0.07	0.08	0.09	0.1	0.11	0.12	0.13	
ORGANIC RENEWABLE			HEMP		Fibre batts & rolls									
Derived from natural vegetation			SHEEPSWOOL		Fibre batts & rolls									
Renewable sources			FLAX		Fibre batts & rolls									
Reclaimable upon demolition			CELLULOSE		Loose fill									
Rottable			CORK		Slabs, files, granules									
			EXPANDED RUBBER		Pipe insulation, flexible slabs									
			WOOD FIBRE		Insulation board, sheathing									
					HEMP-LIME		Rigid in-situ or blocks							
									WOODWOOL SLABS		Slabs & boards			
INORGANIC		AEROGEL		Mineral foam - insulating plasterboard dry-lining										
Derived from naturally occurring minerals		MINERAL FIBRES		Fibre batts & rolls & loose fill - fibreglass, rockwool										
Non-renewable but plentiful			MINERAL GRANULES		Loose fill, lightweight aggregates. Perlite, vermiculite									
			FOAMED GLASS		Blocks & slabs									
					CLAY BEADS		Fired clay, underfloor fill							
									AERATED CONCRETE		Blocks			
FOSSIL ORGANIC		POLYISOCYANURATE		Rigid foam boards										
Derived from chemical/oil/coal industry		POLYURETHANE		Rigid foam boards										
			EXTRUDED EXPANDED POLYSTYRENE		Rigid foam boards									
			EXPANDED POLYSTYRENE		Rigid foam boards & bead fill									
			UREA & PHENOL FORMALDEHYDE		Foam fill									

more benign material

better insulation

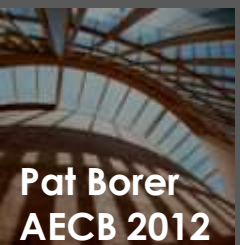


## Lehm Ton Erde Studio, Schlins, Austria



MODERNER LEMBAU (MODERN EARTH BUILDING)  
CONFERENCE 2002, BERLIN

- Obsession with earth building – no holistic view of construction
- For example, Martin Rauch's studio home has external rammed earth walls. When asked, he said "Well it just gets through the Building Regs"!







1. Pre-modern construction: all abundant mineral and renewable materials



2. Increasing use of industrial materials, understood as a natural, desirable and inevitable progression



3. Today's buildings: >80% concrete, steel, plastic, etc., with <20% green 'garnishing'



4. CAT buildings: reverse this ratio, with >80% pre-modern materials and <20% 'industrial vitamins'

(Harper, 2011)



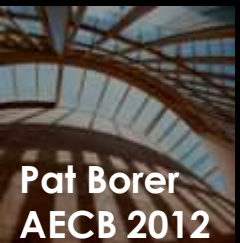
**WISE 2010**

**Our attempt to meet Vitruvius' requirements of:**

**“Commodity”:** Low energy, good daylighting & ventilation, etc.

**“Firmness”:** Robust green constructions, benign materials  
and **“Delight”**

(not) the end



Pat Borer  
AECB 2012